

SOCIAL DOMAIN

The Social domain focuses on the ability to interact with others in relation to movement.

It includes the development of social skills such as collaboration, fair play, leadership and communication, that help us enjoy participating and interacting effectively with others.

These skills are learned and applied through movement as a person draws on their integrated physical, psychological, social and cognitive capabilities that support lifelong participation in movement and physical activity.



By developing proficiency across the elements within the Social domain, a person can learn to cooperate, negotiate and manage their own emotions and are more likely to enjoy participating and applying these skills to a range of movement and physical settings.



SOCIAL DOMAIN ELEMENTS

- > RELATIONSHIPS
- > COLLABORATION
- > ETHICS
- > SOCIETY & CULTURE

PHYSICAL LITERACY IS ABOUT BUILDING THE SKILLS, KNOWLEDGE AND BEHAVIOURS TO HELP US LEAD ACTIVE LIVES.

For more information on physical literacy visit sportaus.gov.au/physical_literacy

THE SOCIAL DOMAIN IS ABOUT BEING ABLE TO:



Building and maintaining respectful relationships that enable a person to interact effectively with others



Lead others in collaborative, ethical and inclusive behaviours in physical activity, including understanding when to be a team member or a leader



Develop a sense of understanding and openness when participating in physical activities. This can include a willingness to share and learn from experiences from your own and other cultures



Exhibit fair play and ethical behaviour in a variety of physical activities and environments